

## Tryout information

First tryout:  
November 4th from 11:00 to 1:00  
at Churchill Recreation Center  
6906 Churchill Way Dallas, TX 75230

Second tryout:  
November 6th from 7:00 to 9:00  
at the MAC  
200 W Continental Dr- Lewisville - TX

You must be registered at the North Texas Region (<http://www.ntrvolleyball.org/>) in order to participate in the tryouts. The NTR registration fee is \$45. Please be aware that the registration is not completed until you receive the confirmation from the NTR that they have received your payment.

Registration is good for all the tryouts that the athlete decides to participate. The region has established a grace period to allow athletes to participate in several tryouts. The grace period ends on Wednesday, November 7th at noon.

Please bring the following documents with you to tryouts:

- 1) NTR registration
- 2) Instinct tryout form ([www.instinctvbc.com](http://www.instinctvbc.com))
- 3) Medical Info and Release form (NTR)
- 4) Medical Release form (Instinct)
- 5) Copy of Birth Certificate
- 6) Non-refundable try out fee of \$ 75

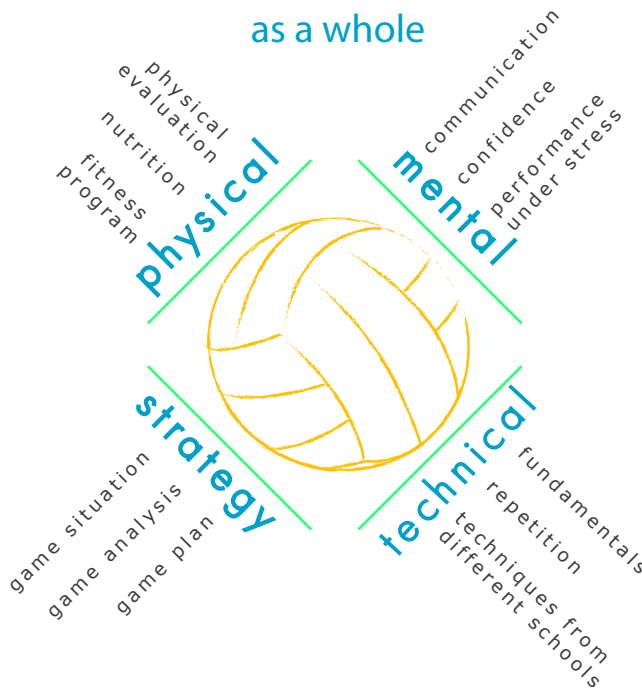
PRE-SEASON CLINICS  
INTENSIVE TRAINING  
(Sundays at SPORTSPLEX)  
- October 14 from 2-3:30  
- October 21 from 12 - 1:30

EXCELENCE SKILLS TRAINING  
(Thursdays at the MAC)  
- HITTERS, October 18, 7:00 to 8:00  
- SETTERS AND HITTERS . Thursday,  
October 25th, 8:30-9:30

## Why Instinct?

High quality coaching,  
High quality training,  
4 hours of training a week,  
3 coaches,  
2 full courts on Tuesdays,  
Nutritional package included,  
10 athletes per team

We look at the athletes  
as a whole



JUST FOLLOW YOUR INSTINCT!!!

INSTINCT VOLLEYBALL CLUB  
Eduardo Drewnick, Director  
[www.instinctvbc.com](http://www.instinctvbc.com)  
[edrewnick@instinctvbc.com](mailto:edrewnick@instinctvbc.com)



Welcome to the  
Most Distinct and  
Exciting Volleyball Club in  
the Region

We are a very competitive volleyball club and our philosophy is to emphasize sound fundamentals and provide individualized attention while training athletes for sports and life in general.

We will bring exclusively to our athletes the best training processes in the world developed from our experiences as high level athletes and from our ongoing relationships with the top coaches and athletes in the world. We will also push our athletes mentally and strategically because we have faced and conquered every challenge they will face in their athletic careers. We have been there!!!

Come and join the beginning of our legacy and let's embark in a journey with many challenges and lessons that will be kept for life.

Cilene and Eduardo Drewnick



"Cilene Falleiro Rocha  
Drewnick was one of the top  
players ever to play volleyball  
in our country and world and  
we highly regard her  
contributions to the sport of  
volleyball as a player, leader  
and role model."

Paulo Marcio -  
Superintendent of the  
Brazilian Confederation of  
Volleyball



## What we look for

- Committed athletes, not players
- Team members, not team players
- Athletes that understand that you win the game before you even play it
- People that share our view that training is an integral part of an athlete's life
- Confident athletes who realize they still have a lot to learn

## 2007-2008 Season

We will have one competitive team for the 14 age group.  
(Born on or after September 1st 1993)

We will play 10 tournaments including 3 national qualifiers (one out of state)

Practices will be:

Tuesdays 7-9 at Churchill recreation center  
635 and Hillcrest.  
Two courts. Three coaches.

Thursdays 7-9 at All Saints Catholic School  
George Bush and Coit.  
December and January.

Thursdays 6-8 at Campbell Green rec. center .  
Campbell and Hillcrest.  
February until the end of the season.

The price range for the season is \$2,800-\$3,050  
Two methods of payment:  
A) 100% at signing  
B) 40% at signing, 30% January 4th,  
30% February 4th

Uniform package (\$250):  
2 Jerseys  
2 practice shirts  
1 spandex  
2 socks  
Warm-ups  
Bag

Staff:

Head coach: Cilene Drewnick  
Assistant coach: Eduardo Drewnick  
Assistant coach: Paula Araujo

Eduardo played for the  
Brazilian National team and  
he had a great college career  
in the US. After college he  
played for professional teams  
in Brazil. Eduardo has a  
bachelors degree from the  
University of Houston in Sport  
Management / Physical  
Education and a MBA from  
the University of South  
Florida .



## What we offer

- Highly competitive team
- Continuous communication and feedback
- Personalized attention
- Staff with training experience
- Staff with coaching experience
- Experience forming athletes